



Raffertys Garden Allergen Table

	FISH	SHELL FISH	DAIRY	EGG	WHEAT	GLUTEN	CEREALS / RICE	TREE NUTS	PEANUTS	LUPINS	SOY	SULPHITES	CAFFEINE	ROYAL JELLY	BEE PROPOLIS	ALLIUM SPECIES	CELERY SEED	SESAME SEED	SEEDS OTHER	YEAST	ARTIFICIAL COLOUR OR FLAVOUR	HERBS	SPICES	POLYOLS	
Smooth Products 4 Months +																									
Banana, Pear & Mango	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Apple, Pear & Cinnamon	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	P	A	A
Sweet Potato, Carrot & Apple	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Pumpkin, Apple & Sweetcorn	A	A	A	A	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Blueberries, Banana & Apple	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Apple, Banana & Peach	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Spinach, Apple, Broccoli & Pea	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Pear & Superberries	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Pear & Apricot	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Just Veggies Smooth 4 Months +																									
Carrot, Potato & Swede	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Sweet Potato, corn, spinach and carrot	A	A	A	A	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Parsnip, Carrot & Butternut Squash	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Smooth Wet Cereals 4 Months +																									
Baby Brekkie Rice Cereal, Pear, Banana & Milk	A	A	P	A	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Baby Breakfast Cereal 4 Months +																									
Organic Baby Rice Cereal	A	A	A	A	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Baby Breakfast Cereal 6 Months +																									
Multigrain Banana & Apricot Cereal	A	A	A	A	A	P	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Organic Banana Porridge	A	A	A	A	A	P	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Porridge Wet Cereals 6 Months +																									
Porridge Banana, Pear and Mango	A	A	P	A	A	P	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Porridge Apple Pear and Cinnamon	A	A	P	A	A	P	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	P	A	A
Puree Products 6 Months +																									
Tuna, Rice & Veggies	P	A	A	A	A	A	P	A	A	A	A	A	A	A	A	P	A	A	A	A	A	A	P	A	A
Bangers, Mash & Veggies	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	P	A	A	A	A	A	A	P	A	A
Hearty Beef & Veggies	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	P	A	A	A	A	A	A	P	A	A
Creamy Chicken & Veggies	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	P	A	A	A	A	A	A	A	A	A
Apricot Chicken	A	A	A	A	A	A	P	A	A	A	A	A	A	A	A	P	A	A	A	A	A	A	P	A	A
Custards Products 6 Months +																									
Chocolate Custard	A	A	P	A	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Strawberries & Cream Custard	A	A	P	A	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Vanilla Custard	A	A	P	A	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Yoghurt 6 Months +																									
Apple, Pear & Cinnamon	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	P	A	A
Banana, Pear & Mango	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Blueberry, Banana and Apple	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Watermelon, Strawberry & Apple	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Pear, Sweet Potato & Carrot	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Strawberry, Apple & Beetroot	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Calci Fruit Happy Bones 8 Months +																									
Calci Fruit Peach, Banana, Pear & Milk	A	A	P	A	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Calci Fruit Mango, Pear, Banana & Milk	A	A	P	A	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Calci Fruit Banana, Fig, Apple & Milk	A	A	P	A	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Happy Tummies (Mash) Products 8 Months +																									
Curried Lamb & Quinoa Stew	A	A	P	A	A	A	P	A	A	A	A	A	A	A	A	P	A	A	P	A	A	P	P	A	A
Chicken with Sweet Corn & Barley	A	A	P	A	P	P	P	A	A	A	A	A	A	A	A	P	A	A	A	A	A	A	P	P	A
Wholemeal Macaroni, Cheese & Veggies	A	A	P	A	P	P	P	A	A	A	A	A	A	A	A	P	A	A	A	P	A	P	P	A	A
Vegetable Risotto	A	A	P	A	A	A	P	A	A	A	A	A	A	A	A	P	A	A	A	P	A	P	A	A	A
Beef with Veggies & Brown Rice	A	A	A	A	A	A	P	A	A	A	A	A	A	A	A	P	A	A	A	P	A	P	P	A	A
Lumpy Products 10 Months +																									
Risoni Pasta & Garden Veggies	A	A	A	A	P	P	P	A	A	A	A	A	A	A	A	P	A	A	A	A	A	A	P	A	A
Chicken, Basil & Tomato Pasta	A	A	A	A	P	P	P	A	A	A	A	A	A	A	A	P	A	A	A	A	A	A	P	P	A
Sweet Potato & Lamb Casserole	A	A	A	A	A	A	P	A	A	A	A	A	A	A	A	P	A	A	A	A	A	A	P	A	A



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	FISH	SHELL FISH	DAIRY	EGG	WHEAT	GLUTEN	CEREALS / RICE	TREE NUTS	PEANUTS	LUPINS	SOY	SULPHITES	CAFFEINE	ROYAL JELLY	BEE PROPOLIS	ALLIUM SPECIES	CELERY SEED	SESAME SEED	SEEDS OTHER	YEAST	ARTIFICIAL COLOUR OR FLAVOUR	HERBS	SPICES	POLYOLS
Baby's Bolognese with Macaroni	A	A	A	A	P	P	P	A	A	A	A	A	A	A	A	P	A	A	A	A	A	P	A	A
Beef Casserole	A	A	A	A	A	A	P	A	A	A	A	A	A	A	A	P	A	A	A	A	A	P	A	A
Italian Lasagne	A	A	P	A	P	P	P	A	A	A	A	A	A	A	A	P	A	A	A	P	A	P	A	A
Shepherds Pie	A	A	A	A	A	A	P	A	A	A	A	A	A	A	A	P	A	A	A	P	A	P	A	A
Tuna with Garden Veggies	P	A	A	A	A	A	P	A	A	A	A	A	A	A	A	P	A	A	A	P	A	P	A	A
Rusks 6 Months +																								
Banana Milk Teething Rusks	A	A	P	A	P	P	P	A	A	A	A	A	A	A	A	A	A	A	A	P	A	A	A	A
Apple & Barley Malt Teething Rusks	A	A	A	A	P	P	P	A	A	A	A	A	A	A	A	A	A	A	A	P	A	A	A	A
Freeze Dried Fruits 12+ Months																								
Freeze Dried Fruit Pear, Apple & Banana	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Freeze Dried Fruit Apple & Mango	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Toddlers Yoghurt Buttons 12+ Months																								
Yoghurt Buttons Mixed Berry	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Yoghurt Buttons Strawberry	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Fruit Snack Bars 12 Months +																								
Apple	A	A	P	M	P	P	P	M	M	A	P	M	A	A	A	A	A	M	A	A	A	A	A	A
Apple & Raspberry	A	A	P	M	P	P	P	M	M	A	P	M	A	A	A	A	A	M	A	A	A	A	A	A
Banana	A	A	P	M	P	P	P	M	M	A	P	M	A	A	A	A	A	M	A	A	A	A	A	A
Blueberry, Banana & Apple	A	A	P	M	P	P	P	M	M	A	P	M	A	A	A	A	A	M	A	A	A	A	A	A
Pear & Pumpkin	A	A	P	M	P	P	P	M	M	A	P	M	A	A	A	A	A	M	A	A	A	A	A	A

Key: A Absent
P Present
M May contain